

Applied Behavior Analysis (ABA) Therapy



What is ABA Therapy? It is an evidence-based approach known for success in treating individuals with Autism Spectrum Disorder & other developmental disabilities.



Evidence-Based Results

The evidence-based approaches in ABA Therapy are backed by decades of research showing intensive ABA treatment is the most successful approach for children with Autism through the use of techniques and principals to bring about meaningful and positive change in behavior.

Did you know *our VyStar medical plans cover ABA*

Taking Next Steps

First, talk to your child's doctor to see if ABA Therapy is recommended for them, if yes...

- You as the covered BCBS member, or your child's doctor may call CBS (800-868-1032) to start the process with BCBS.
- Child would need to have a psychological testing completed by clinical psychologist or developmental pediatrician*

The applicable **ASD Behavioral (ABA) Therapy Form** will need to be completed by your child's treating physician. Email AutismSupport@CompanionGroup.com with your BCBS Member ID and covered dependents name to request the necessary form.

Benefits coverage can also be viewed via your BCBS member portal at www.myhealthtoolkitfl.com

*Once the above is received an authorization is created for the initial ABA assessment (requested by the ABA provider). They complete the assessment, submit it with color-coded charting (from one of the following ABBS, VB-MAPP, PEAK, SKILLS, EFL or AFLS) and the hours they are requesting. If they request non-standard codes (97152, 97154, 97158) it requires separate written justification.